

Pete Alfino, Level 1 USAT Certified Coach is the founder of Mile High Multisport, LLC. He has raced triathlons since 1988 and is a 4 time Ironman Finisher. He believes that anything is possible given a well laid out plan tailored to fit your individual goals and abilities. Since retiring from Ironman racing in 2004 he has coached over 40 triathletes, marathon and Xterra athletes. He is a father of two active children and is married to a 6 time Ironman finisher. In the evening you can find him coaching an entry level triathlon swim program at the Northridge recreation center in Highlands Ranch.